

# VISN 16 Mental Health Community of Practice (COP)

## Project Team

Ashley McDaniel, MA

Tom Teasdale, DrPH

Michael Kauth, PhD

Kim Arlinghaus, MD

Geri Adler, PhD

Greer Sullivan, MD, MSPH

- **VA Intranet Sharepoint resource**
- **Outgrowth of CBOC Partnership Project**
  - Face2Face needs assessment at all VISN 16 CBOCs
  - Major finding: Providers feel isolated
  - MH COP is a response to help connect these providers
  - Online forums to discuss de-identified clinical care issues
  - Deliver education
  - Offer access to research
- **Collaboration with VISN16 MH Product Line and Office of Rural Health**
- **Launched Sept 1, 2010; Implementation underway.**

How  
do we  
fit in?

Communities of Practice - Mental Health - Windows Internet Explorer provided by One VA, Network 16

http://vawww.mentalhealth.va.gov/rc-commofpractice.asp

File Edit View Favorites Tools Help

Communities of Practice - Mental Health

Search All VA Web Pages

UNITED STATES DEPARTMENT OF VETERANS AFFAIRS

VA Intranet Home About VA Organizations Locations Employee Resources

Mental Health Home

Resources for Clinicians

Resources for Administrators

Office of Mental Health Services

Site Map

Site Search

MENTAL HEALTH

Resources for Clinicians

menu close / open

- Evidence Based Psychotherapies
- Psychosocial Rehabilitation
- Health Psychology
- Communities of Practice
- VA/DoD Clinical Practice Guidelines
- Assessment Resources
- Suicide Prevention
- Resources by Diagnosis
  - PTSD
  - Substance Use Disorders
  - Depression, Mood Disorders
  - Schizophrenia/Bipolar
  - Traumatic Brain Injury
- Organizations
- OMHS SharePoint

Trusted sites 100%

# **MH Communities of Practice**

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- **VISN 16 Mental Health Providers**
- **Traumatic Stress and Readjustment (TSR)**
- **Suicide Prevention and Homeless Prevention SharePoint**
- **Substance Use Disorders (SUD)**
- **Seeking Safety (SS)**
- **PTSD Mentoring Program**
- **Prolonged Exposure (PE) for PTSD Dissemination Initiative**
- **Primary Care-Mental Health Integration**
- **Military Sexual Trauma (MST)**
- **CPT for PTSD Dissemination Initiative**
- **CBT for Depression Dissemination Initiative**
- **ACT for Depression Dissemination Initiative**
- **Acceptance and Commitment Therapy (ACT)**

# Welcome Page

Home - VISN 16 MH Providers COP - Windows Internet Explorer provided by One VA, Network 16

http://vaww.visn16.portal.va.gov/SiteDirectory/mhp/default.aspx

1. [vaww.visn16.portal.va.gov/SiteDirectory/mhp/default.aspx](http://vaww.visn16.portal.va.gov/SiteDirectory/mhp/default.aspx)

VISN 16 MH Providers COP

2. Tabs to visit different areas of the site

VISN 16 MH Providers COP

Ask The Expert Forums Materials and Resources

3. "What's New" and orientation

4. Incentives

5. User feedback

How to Navigate the COP

Are you new to the VISN 16 Mental Health Providers COP? If so, [click here](#) for a slide presentation detailing how to navigate the website.

Enter to Win!

VISN 16 MH Providers COP users can enter into randomized drawings for incentives including pocket guides, books and videos. [Click here](#) to enter your name in the drawings!

Tell Us What You Think

Your opinion is important to us. [Click here](#) to take a survey about your experience with this SharePoint website.

Mailing List

Sign up to receive email updates about the VISN 16 MH Providers Community of Practice. [Click here](#) to send an email to the Webmaster.

**Welcome!** The VISN 16 Mental Health Providers Community of Practice (COP) is a place where both rural and urban mental health providers can connect with one another to discuss and receive expert advice on de-identified clinical care issues, gain access to educational products and services, and receive the latest information on current research projects throughout the VISN.

**What's New**

**Featured Resource**  
by McDaniel, Ashley R. 1/7/2011 2:25 PM  
The Guide to VA Mental Health Services for Veterans and Families. [Click here](#) for more information!

**Welcome to the COP! Tell us about yourself.-Posted by Ashley McDaniel**  
by McDaniel, Ashley R. 1/7/2011 10:22 AM  
Hi! I'm Ashley McDaniel and I'm the COP Webmaster. I work for the South Central MIRECC and I'm located in Little Rock, Arkansas. Thanks for checking out the website today. I'd like to get to know you. Reply and let me know who you are and where you...

**Ambulatory Detoxification-Posted by Carla Edwards, RN, BSN** 1/7/2011 10:22 AM



# MH Providers COP Content

Home - Ask The Expert - Windows Internet Explorer provided by One VA, Network 16

http://vaww.vision16.portal.va.gov/SiteDirectory/mhp/AskTheExpert/default.aspx

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Home - Ask The Expert

VISN 16 SharePoint > VISN 16 MH Providers COP

Ask The Expert

Ask The Expert

January 2011

**About Ask The Expert**

Ask The Expert is an online meeting place for users to connect with experts from a variety of mental health disciplines in VISN 16 featured in the South Central Mental Illness Research, Education and Clinical Center's Communiqué newsletter. Check out this area monthly to learn about the featured expert, ask questions, or comment on discussions.

**January 2011**

In the January 2011 issue of the South Central MIRECC Communiqué newsletter, Chaplain Bo Barnes describes the effect of spiritual injury on Veterans who have returned from a combat zone. [Click here](#) to read the article and participate in the discussion.

You can also select January 2011 from the Quick Launch navigation menu to join this discussion (*Identification and Treatment of Spiritual Injury in Mental Health*) and create new discussions about the topic. You can also use the Expert articles.

South Central MIRECC Communiqué

Reducing mental health disparities among rural veterans

January 4, 2011

Microsoft Windows SharePoint Services

INSIDE THIS ISSUE

Identification and Treatment of Spiritual Injury in Mental Health Pg. 1

The Guide to Mental Health Services for Veterans & Families Pg. 3

IDENTIFICATION AND TREATMENT OF SPIRITUAL INJURY IN MENTAL HEALTH

By Bonita P. Barnes, M.D., BC

Central Arkansas Veterans Healthcare

Home - Materials and Resources - Windows Internet Explorer provided by One VA, Network 16

http://vaww.vision16.portal.va.gov/SiteDirectory/mhp/MaterialsAndResources/default.aspx

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Home - Materials and Resources

VISN 16 SharePoint > VISN 16 MH Providers COP

Materials and Resources

Materials and Resources

**About Materials and Resources**

The Materials and Resources section is a repository of educational products and tools for clinicians. These products include treatment manuals, educational videos, newsletters, and web courses, as well as link to websites, reports and journal articles. Contact information to obtain the materials is provided in cases where the product cannot be downloaded or streamed from this site directly.

There are several ways to locate educational products in this section. Access the materials by clicking the appropriate link in the navigator bar to the left of the screen or use the search box at the top right of the screen to search using keywords.

Have recommendations for products we can feature on this site? [Click here](#) to send the webmaster an email!

**Featured Resource**

**THE GUIDE TO VA MENTAL HEALTH SERVICES FOR VETERANS & FAMILIES**

In 2008, the VA introduced a new mental health handbook that provides guidelines for VA hospitals and clinics across the US. The new handbook specifies the mental health services VA hospitals and clinics are required to offer Veterans and their families. While requirements differ depending on VA hospital or clinic size or type, they apply across the entire VA system. The SC MIRECC developed the *Guide to VA Mental Health Services for Veterans and Families* a shorter, simplified

Guide to VA Mental Health Services for Veterans & Families

Home - Forums - Windows Internet Explorer provided by One VA, Network 16

http://vaww.vision16.portal.va.gov/SiteDirectory/mhp/Forums/default.aspx

File Edit View Favorites Tools Help

Home - Forums

VISN 16 SharePoint > VISN 16 MH Providers COP

Forums

Forums

**About Forums**

Forums provide a space for discussing topics. Participants post questions, answers, and comments for all to see. While we support users discussing clinical care issues, all information must be de-identified for privacy reasons. Posts with identifiable patient information will be removed.

**Select a specific forum** or use the "General Forum" as you see fit from the menu box on the left.

**Use the search box** (top right of page) to search for **specific topics**, limited or not to specific forums.

**Request New Forum**

If you have a idea for a interesting forum topic or discipline that is too broad for the general forum, but is not

Do You Have A Question? Have a question about the Webmaster.

VISN 16 MH Providers COP > Forums

Forums

General Forum

On A Light Note

Request New Forum

**Forums by Discipline**

Mental Health Nurse Forum

Psychiatrist Forum

Psychologist Forum

**Forums by Topic**

Combat PTSD

Family and Couples Therapy

Substance Abuse

Telemental Health


Traumatic Brain Injury

**Frequently Asked Questions**

Recycle Bin

Using Outlook 2007 to Participate in Forums

Windows SharePoint Services allows you to contribute to and search forums from within Outlook 2007. [Click here](#) for instructions on how to participate in Forums through Outlook



Forums are user - driven

# MH COP Content in Outlook

**Forums - General Forum in SharePoint Lists - Microsoft Outlook**

File Edit View Go Tools Actions Conferencing Help

New [Icons] Post Reply Reply Forward [Icons] Send/Receive [Icons] Search address books

**Mail** << Favorite Folders >>

- Inbox (278)
- Unread Mail
- Sent Items (1)

**Mail Folders** >>

**All Mail Items** >>

- quarantine
- RSS Feeds
- Sent Items (1)
- Search Folders
- SharePoint Lists
- Deleted Items
- Forums - Combat PTSD
- Forums - Family and Couples Therapy
- Forums - General Disorders
- Forums - General Forum (2)**
- Forums - Mental Health Nurse Forum
- Forums - Psychiatrist Forum (2)
- Forums - Psychologist Forum (2)
- Forums - Substance Abuse (3)
- Forums - Telemental Health (1)
- Forums - Traumatic Brain Injury
- Search Folders

**Forums - General Forum** Search Forums - General Forum

Drag a column header here to group by that column.

From	To	Subject	Received	Size	Categ...
Hornstein, Nancy L.		Documentation of TBI in...	Wed 1/12/20...	5 KB	
Schuhow, Debi A. (FAV)		Internet and professiona...	Wed 1/12/20...	6 KB	
Thomas, Dorothy (ALX)		Homelessness Prevention	Mon 12/20/2...	3 KB	
Kauth, Mic...					
McDaniel,					
McClain, C					
McDaniel,					
McDaniel,					
Sherman, M					
Schuhow,					
Sherman, M					
Teasdale, T					
McDaniel,					
McDaniel,					
Gordon, B					
Whipple, L					
Henderson,					
Hornstein,					
Hornstein,					
Hornstein,					

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Home - Forums

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Welcome Teasdale, Thomas DrPH (OKL) | My Site | My Links |

**Forums**

All Sites Advanced Search

VISN 16 MH Providers COP Ask The Expert Forums Materials and Resources Site Actions

View All Site Content

Return to Home Page

**Forums**

- General Forum
- On A Light Note
- Request New Forum

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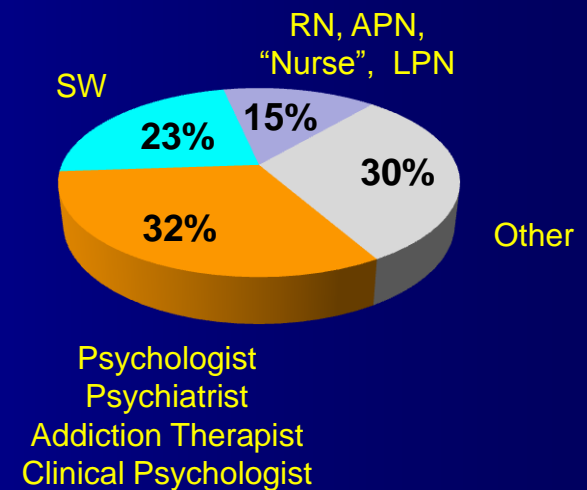
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# MH COP Web trends

Unique Visits

- Marketed to VAMC / CBOC MH providers in VISN 16
- Who uses MH COP?

Overall Unique COP Users	366
Avg Unique Monthly Users	137
Forums	72
Materials and Resources	68
Ask the Expert	54



- Users from CBOCs?
- Requirements:
  - Daily/Weekly attention by working team (AM, MK, TT, GA, KA)
  - MIRECC affiliates occasionally asked to respond to a posting
  - Frontline MH providers take time to utilize/ participate

# Next Steps

- **Add advisors**
  - to help increase MH COP value to providers
  - to help increase our social networking savvy
- **Engage larger number of users**
  - fully reach all VISN 16 MH providers with MH COP marketing
  - gain advice from MH Chiefs & Education Core on ↑ utility and reach
  - respond to providers' request to access MH COP from home
- **Develop & implement evaluation steps**
  - capture clinical value, user traffic
  - quantitative and qualitative data